

Babywearing—Bonding Love for a Lifetime

Safe Babywearing does the bonding good!! There are many benefits to babywearing. To ensure you are wearing your baby in a safe way, here are some expert's points to ponder.

Babies are born with a c-shaped spine called the total kyphosis. The spine takes about one year to straighten. Baby's natural physiological development of the spine needs to be supported during each stage. Many baby carriers push baby into a physiologically unnatural position putting baby at harm for deformation and infections.



Healthy Spine

Warning! Positional Asphyxiation hazard.



Warning! Deformation and infection hazard.

A good baby carrier will support baby's natural spine development without putting baby at risk for suffocation, also called positional asphyxiation (PA). Positional asphyxiation happens when baby's chin rests on his own chest, kinking the airway. Often this is wrongly referred to as c-shape! Any kind of bag style carrier, basically a converted duffel bag, sometimes with a harness added, often without, does not allow baby's natural movements. Once on the bottom of the bag, baby has no way of moving or even getting the babywearer's attention. Facing out is also not recommended as it pushes the child in a physiologically unfavorable position of the developing spine and the hip.



Babywearing Institute—educating the public on safe babywearing
www.babywearinginstitute.com 1-800-476-0701

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Some Important rules for picking a baby carrier

1. Make sure it supports the physiological correct development of your baby. A rounded back is normal, the C shape used in the news recently should refer to the kink in the airway chin-chest, not the back.
2. Needs to support baby's head properly.
3. Good support for carrying baby upright to support the brain development.
4. Keep your baby's head close enough to kiss, usually your baby will be above your belly button.
5. If nursing in a carrier monitor your baby closely and bring your baby upright after he is done actively nursing.
6. Baby's knees should be above the baby's bum and knees should be moderately spread apart (90 degree) to help the proper hip development.
7. Baby needs to be embraced by the carrier and should not fall into it when leaning forward.
8. The carrier also needs to allow natural movement of the baby.

For more information on safe babywearing please visit
Www.babywearinginstitute.com
www.storchenwiege.com/babycarrierresearch.htm



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